



# COMMUNITY WORKS



**1,024**

Leaders Trained  
Human Rights SBC



**3,390**

Girls Trained  
FGM /Early Marriage



**1,056**

Parents Trained  
FGM /Early Marriage



**12/47**

Counties Reached  
Reaching Remote Areas

**HELDA** is transforming lives in Malindi, Kilifi County,

as a Gender-Based Violence (GBV) champion and founder of the Malindi GBV Network. A counseling psychologist and survivor herself, Helda turned personal pain into purpose after attending a Kenya Works four-day Human Rights Forum in 2018. There, she saw how community education and collective action could confront GBV, child abuse and other human rights violations, and she left determined to be part of the solution.

Together with fellow participants, she took bold action to form the Malindi GBV Network, where she now serves as supervisor, providing referrals, awareness, and access to justice for survivors who once suffered in silence.

Helda's leadership extends far beyond advocacy—she mentors girls, trains parents, and coordinates Menstrual Health and Hygiene programs across the Coast through Kenya Works, affirming that access to menstrual health is a fundamental human right and a critical protection against discrimination and school dropout.

By ensuring girls stay in school and by championing positive parenting, her work has helped reduce teen pregnancies and strengthen family support systems.

In 2025, Helda attended the Kenya Works Common Workshop, connecting with advocates from across Kenya. Among them were participants from Mfangano Island, a remote area in Homa Bay with only one police station and no gender desk. Moved by Helda's story and the success of the Malindi GBV Network, the Mfangano team adopted her approach—organizing their own community-led response network for survivors.

Through Helda's courage and vision, others now see that lasting change begins within the community itself. Her story is not only one of survival, but of rising up to claim human rights, safety and dignity for girls and women—and her light continues to ignite new circles of hope and action far beyond Malindi.