



Menstrual Health & Hygiene WORKS



33,000

Pad Kits Distributed



58,354

Youth Trained in Puberty Education



9,000

Boxers for Boys



40

Production Jobs

ALAL smiles when she talks about MHH,

because she's watched it grow from a simple idea into a powerful community movement. "Every conversation we've had, every training we've led, every product we've designed—it all comes back to the same vision," she says. "Dignity for every girl, equity for every learner."

What began as a response to girls missing school during their periods has become a force for innovation and inclusion. MHH continues to evolve—living proof of the power of we, where teachers, community members, girls, and boys move together toward dignity and equity. Through our Makini pads—reusable, sustainable products—and education, we refused to accept missed school days as normal, and now we're reshaping what menstrual health means across communities.

As girls gain strength, boys are stepping forward too. The Boxer for Boys initiative—a companion program in MHH—invites boys into honest conversations about puberty, respect, and shared responsibility. By equipping them with education and essentials, Kenya Works helps dismantle stigma from every angle so boys grow as allies and advocates for menstrual health equity.

Alal also helped convene this year's MHH Summit, where more than 200 partners—government collaborators, educators, manufacturers, and advocates—came together to close gaps in menstrual hygiene management and ensure products reach the communities that need them most. From that shared listening and learning, the team joined a wider global conversation about what safe, sustainable period care can look like for every girl.

Out of that momentum came a new chapter for Kenya Works: the Kenya Works Period Panty, an innovation first showcased as a prototype and now moving toward scale. Alongside our trusted reusable pads, it reflects a commitment to sustainable, girl-centered solutions. Designed with girls' comfort and confidence in mind, these products offer dignity and the freedom to move through the school day without worry or shame. For the girls who will use them—and for those reached through puberty education, caring teachers, and supportive communities—MHH is more than a program; it is the power of we in action, making sure their bodies, education, and dreams truly matter.